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Instructions for Subcutaneous Injections

Needle length used for all subcutaneous injections is ½ inch to 7/8 inch (23-25 gauge)

A volume medication between 0.5 and 1.0 milliliters or less is usually administered to an adult in the upper arm, abdomen, thigh, or lower back.

1. Wash Hands
2. Check Expiration of medication
3. Draw up medication and place correct needle size on syringe
4. Select injection site, grasp skin between thumb and first 2 fingers, should have 1-2 inches of skin
5. Clean area with alcohol
6. Inject needle at 45-90 degree angle to skin, and push medication slowly

